



Understanding the Spirited Child – Managing Temperament

Are you constantly at odds with certain children over every little point? Do you find particular children persistent, boisterous and wearing you down? Are power struggles waiting to happen? Come to this training and learn about children's unique temperament and how you can manage it in the classroom.

Course Objectives

- Participants will discover the three common temperament categories
- Participants will learn the 8 temperament traits that determine the temperament categories and how they manifest for different ages
- Participants will learn classroom strategies to manage both types of temperament

Every Child is Gifted! An Overview and Application of the Theory of Multiple Intelligences

*Based on the work of Dr. Howard Gardner and Dr. Thomas Armstrong

Course Objectives

- The definition and concept of the theory of Multiple Intelligences.
- An explanation of the Eight Intelligences and criteria for inclusion.
- Demonstration of teaching in all eight intelligences using a Multiplication example.
- Practice application of Multiple Intelligences using a discipline example.
- Specific teaching tools for each intelligence.

From Sand Comes Pearls: Helping Children Cope with Traumatic Events

Teachers already have a difficult job balancing all elements of the classroom, with the additional workload of helping children coping with the effects of disaster complications.

In this presentation, Judy will use plain talk, empathy and analogies to discuss how children in all age groups, from babies to emerging adulthood, perceive disastrous events such as floods, tornadoes, hurricanes, earthquakes, and human induced tragedies. Judy will then outline concrete strategies for parents, teachers and caregivers to help the children in their care cope with their emotions and situations.

Course objectives. Your audience will:

- Explore the age old concept of "nature versus nurture" and the effect on brain development.
- Consider the influence of genes, fault lines, wiring and foundations and the effect of ACE (Adverse Childhood Experiences) on a child's development and well-being.
- Identify the three kinds of stress and the effect on the brain.
- Discover how parents and teachers contribute to the "serve" and "return" interactions between parents and children.
- Review best parenting, teaching and care-giving practices, that build resiliency in the face of trauma and develop children's best potential.

Delete Your Distress: Mastering Work-life Balance in the Digital Age

"Five kids, five jobs and ten tips to regain sanity!"

The digital age brings new stresses to parents combining career, work travel and parenting. Through humour and multi-media, Judy, who has five kids, and five jobs will cover ten tips to strip stress and combat guilt for today's parents at work.

Course objectives. You will:

- Identify the challenges of combining parenting, family and work life and reconcile normal feelings of guilt, worry and tiredness.
- Learn how to juggle responsibilities without having to multi-task.
- Explore ways to streamline parent and working life while building strong family relationships.

Active Listening and Assertiveness Skills for Professionals

We hear a lot of noise in our digital society, but focussed listening is still critical in building relationships in our personal lives and in the workplace with clients, colleagues, employees, and supervisors.

Assertiveness skills are also critical in managing anger and confronting conversations.

Course Objectives:

- Learn and practice passive and active listening skills in order to build harmonious communication patterns in the workplace.

- Learn and practice assertive speaking in order to start those conversations.

To University from Unschooling: Why the Digital Generation Needs Teachers More Than Curriculum

This keynote or breakout will inspire and educate audience members on the value of teachers and parents in the lives of students when they already have the world's knowledge in the device at their fingertips. She will include topics such as motivation for engaged thinkers, self-directed interest led learning, small ratio learning pods, teacher facilitation, and social guidance/bullying as well as the effect of stress on today's generation. Learn how to educate children using the child-directed, self-determined play philosophy. In the traditional teachings of David Elkind, A.S. Neill, John Holt, Thomas Gordon, Carl Rogers and Raymond and Dorothy Moore, learn how to facilitate an enriching environment where children love to learn!

Approaches to Calmness

How do you keep calm and get the children in your care to stay calm? Are you flummoxed on how to help fighting children resolve their conflict? Come out to this informative presentation that will equip you with helpful strategies.

Course Objectives:

- Participants will discover some effective tools to regain calmness for themselves.
- Participants will identify triggers for each child's age group
- Participants will specify caregiving strategies to help children get calm
- Participants will examine helpful approaches to problem-solving with children.