

A Mother's Gift



By Judy Arnall

I always leave motivational speaking forums with guilt. Yes, I should be doing this and that more. Yes, I could be thinking and feeling this way. When I do leave the room uplifted, it lasts a few days until I can no longer remember that wonderful quote or saying that seemed so profound the next few days and I go back to my old ways of thinking, feeling and acting. Emotions take over the logistics of my brain and I'm back in the old habits of yelling/criticizing/not counting my blessings or feeling the least bit grateful.

So here is my motivational speech to you:

As of this minute....
~ You need to change nothing
~ You look fabulous
~ Your house is absolutely wonderfully decorated and clean enough
~ Your children are darling, intelligent, sensitive, normal and super-terrific to be around
~ Your partner is so lucky to have found you
~ Your boss is grateful too

*~ Your parents have cherished the time to
watch you grow up and are proud to have
you as their child*

*~ Your volunteer groups are touched by your
contributions*

~ You are the best friend in the world

~ You are loved

*~ And you make this world better in so very
many small ways that you often don't even
think about or realize.*

~ You are perfect just the way you are!
Happy Mothers Day!

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