

TAKE A LOOK!

The Canadian Child Care Federation, in partnership with the Canadian Language and Literacy Research Network, has produced a resource kit called **Language and Literacy: From Birth... for Life**. It summarizes current research in language and literacy learning in the early years, and acknowledges the key role parents and child care practitioners play in fostering language and literacy skills in children ages 0-6. To support them in this role, the kit contains a research paper and six resource sheets that bring the research findings to life. All these resources can be downloaded from the CCCF site at www.cccf-fcsge.ca.



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*- Making Choices
July 2006*

Discipline Without Distress

135 tools for raising caring, responsible children **without** time-out, spanking, punishment, or bribery



Judy Arnall

There are good solid tips for parents of children of all ages.
- Kathy Lynn, Parenting Today.

Calgary author and parent educator, Judy Arnall, has written a book for parents who are finding that traditional discipline methods do not work to create the kind of strong bond that will help children face the challenges of the increasingly complex world they live in. She encourages parents to look beyond the behaviour to see the need or feeling that the child is expressing. From this perspective, discipline is less about making children behave and more about teaching children how to solve problems and make good decisions. She addresses issues of parenting from birth to teens, with an emphasis on practical tools that parents will be able to use in daily life. The book includes a chapter on dealing with technology and a chart that suggests specific discipline tools for common behaviours at various ages. Cost is \$26.99, plus shipping. For more information and to order online, see www.professionalparenting.ca.

**Celebrate the UN Convention on the
Rights of the Child**

**National Child Day
November 20
www.childday.gc.ca**