



PARENTING TODAY'S CHILD

6 Session Live and Recorded Online Parenting Course

Time: Registration is anytime. Recordings are sent and coaching scheduled. Regular ongoing coaching available every Friday afternoon.

Length: 6 hours instruction plus time for Q and A.

Place: Computer. Participants will be anonymous and not on webcam. Webinars eliminate the need for parking, childcare (participants will be muted unless they wish to speak), and transportation associated with classes. All copies are included if you can't make a session.

Cost: \$187.00 includes textbooks, workbooks and shipping. GST extra for a total of \$196.35

Target: *All parents of children ages 0-20.* All courses are proactive and based on normative, non-punitive, relationship-building, respectful parenting practices.

Technology Used: Participants need no technological skills to access other than clicking a link to get in. Only presenters are on camera. Attendance is taken and completion certificates are provided. Materials are mailed out to participant's address after registration.

Presenters are CCFE's (Certified Canadian Family Life Educators) trained specifically in child development, who apply attachment parenting practices in their own families. Presenters are also certified to teach P.E.T. Parent Effectiveness Training, Alberta Health Services' Terrific Toddlers, and Positive Discipline programs.

Course Description: Webinars contain live educator speaking, powerpoint slides, videos, conversations and pointers to internet resources. We build in lots of time for participants to ask questions.

Week One: Parenting Styles, Temperament Traits, Picky Eating, Oral Health, Self-Care.

Week Two: Developmental Milestones and Stages, Attachment Theory, Separation Anxiety, Sleep Challenges, Toilet Training.

Week Three: Brain Development, Stress, Play, Healthy Self-esteem, Communication, Safety.

Week Four: Feelings, Temper Tantrums, Anger Management, Behaviour and Guidance.

Week Five: Multiple Intelligences, Homework, Chores, Digital Citizenship.

Week Six: Peer Pressure, Bullying, Talking to Kids about Sex and Drugs, Preparation for Adulthood.

Certificates: Available if exam has 50% correct answers from watching the recorded sessions.

Register at: <http://www.professionalparenting.ca/webinars.html>

