



## Show and Tell Me! Teaching Parenting Education Concepts Interactively

People learn in different ways. The days of reading powerpoint bullets are over! Learn how to present parenting concepts in multisensory methods.

In this presentation you will learn how to teach:

- Parenting Styles
- Discipline and punishment
- Discipline Tools
- Problem Solving
- Time-out and Time-in
- Temperament Traits
- Multiple Intelligences
- Feelings
- Love Languages
- Active Listening and I-Messages
- Self-Esteem
- Brain Development and Play
- Self-Care
- Developmental Stages
- Attachment and Exploration
- Picky Eating
- Openers, Closers and Energizers

Target Audience: Parents, corporate, educational and health organizations.

By Judy Arnall, BA, DTM-Distinguished Toastmaster, CCFE-Certified Canadian Family Life Educator

Judy currently teaches parenting at The University of Calgary, Continuing Education, and has taught for Chinook Learning, Families Matter, and Alberta Health Services for the past 13 years. Judy is the author of the International print bestseller, *Discipline Without Distress: 135 Tools for raising caring, responsible children without time-out, spanking, punishment or bribery* (translated into 5 languages) and the newly released *Parenting With Patience: Turn frustration into connection with 3 easy steps.* 

WWW.PROFESSIONALPARENTING.CA <u>Jarnall@shaw.ca</u> 403-714-6766, Join our list for monthly notifications of free parenting webinars

## Judy has written bestsellers:

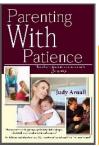














## Judy is authorized and certified to teach:





