



Inspiring Motivation Without Madness

In this presentation, we will explore how to motivate children at each age and stage.

Presentation Objectives

Parents will identify the 5 keys of human behaviour motivation

Parents will evaluate the developmental stages of elementary and teen years and explore the transition of external to internal motivation.

Parents will employ the problem-solving method in the areas of chores, sibling fights, and homework.

About Judy

Judy Arnall, BA, is a Distinguished Toastmaster(DTM) and Certified Canadian Family Life Educator (CCFE) who is a specialist in child development and non-punitive parenting and education practices called Submarine Parenting™. She teaches parenting at The University of Calgary, Continuing Education, and has taught at Chinook Learning, Alberta Health Services, and Families Matter. Judy is the author of the world-wide bestseller, ***Discipline Without Distress: 135 Tools for raising caring, responsible children without time-out, spanking, punishment or bribery*** and the newly released, ***Parenting With Patience: Turn frustration into connection with 3 easy steps.*** Judy is the parent of 2 teens and 3 university students. Jarnall@shaw.ca 403-714-6766 for more information. www.professionalparenting.ca

